

The logo for 'urbanlife news' is displayed on a dark background. 'urbanlife' is written in a bold, white, sans-serif font, with 'news' in a smaller, grey, sans-serif font below it. A bright light flare is visible behind the 'u' in 'urbanlife'.

urbanlife news

Note From Esther:

There are all types of fear, from ablutophobia, the fear of washing or bathing; to zemmiphobia, fear of the great mole rat. In between to mention just a few of my favorites, there is: agateopobia - the fear of insanity, barophobia – fear of gravity, eplebiphobia- fear of teenagers, homilophobia – fear of sermons, papaphobia – fear of the Pope, panophobia or pantophobia – fear of everything, and sesquipedalophobia – the fear of long words. The other day I had a fear, but not one of the ones I've listed.

I was scared of getting my hair cut. Not of the actually cutting of the hair, but a fear of how my hair may look after the cut. Like most fears it was a fear of the unknown, but let me elaborate. In a bid to save money I turned my back on my regular, rather pricey hair salon and booked myself into a hairdresser's academy salon. The price was right, but signing a waiver to say you understand the risks involved in your hair cut can be a bit unsettling. Pushing my fears aside, and a lock of my yet uncut hair, I sat myself down in the chair at the salon.

After an hour or so of the most careful hairdressing I have ever seen, I had a pretty neat hair cut. My fears were unwarranted, instead of thinking of the possibilities, my fears had let me dwell on the worst case scenario. In Isaiah 35:4 it tells us "Be strong, do not fear, your God will come". We are told here that as long as we have God on our side we should have nothing to fear. Someone should really tell the ablutophobia's of the world this and promptly show them to a bath

Esther

Missions Update:

July's Mission Offering will go towards urbanlife's work experience / volunteering project.

Each week urbanlife host, train and encourage a wide range of participants through our Cafe. For many participants being valued and part of a team is a life changing experience. This project is largely unfunded, but forms a significant part of urbanlife's mission to live for the well-being of our community and assist those who may be struggling with life to become all they were designed to be.

urbanlife kids:

A combined crèche/primary program will be running through the school holidays from 11.00am each Sunday - there will be an announcement when it's time for the children to head upstairs.

School Holiday Roster-
27 June - Bronwyn & Dave S
4 July - Tony C & Sharni/Hannah
11 July - Esther & Stephen

Separate programs will resume for crèche (pre-school) and primary for Term 3 from 18 July.

For further information, please contact Jodie McNair on jodie.mcnaire@optusnet.com.au

What's on at urbanlife: July 2010

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The Regulars:

My Dolls Space— meeting once a month for the remainder of the year. Next Meeting is July 26th, 10:30am-3:00pm

Chick with Sticks— meet every second Wednesday, July 7th and 21st 12:30-3:30pm.

urbansafe Krav Maga – every Wednesday 7:30 pm – 9:00 pm. \$12, see David Stone for more info.

urbankids Playgroup – meet every Thursday morning. See Katrina Farley if you are interested in enrolling

Prime Timers—for people over 55 who enjoy friendship, company and support. Sunday 4th July. See Bronwyn Dwight for details.

GT's and Life Groups— there are heaps of these meeting every week and there is bound to be one to suit you! So speak to Tony Crossett about how to get connected or pick up a GT brochure from the café.



Sunday celebration service—

Join us through the month of July as we continue to explore our series on 'Confronting Fear' .

In August we will commence a new series based on 'People's Choice' . If you have any requests for topics in this series, please email these to Cam: cameron.burgess@urbanlife.org.au

Copies of previous messages can be purchased from the church office.

Services start at 10:30am and concludes with coffee at 12:00pm.

Week 1

Wed 30th urbansafe Krav Maga: 7:30-9:00pm
Thur 1st Music Practice: 7:30-9:30pm
Celebration Service: 10.30—12.00 pm Series 'Confronting Fear' Part 2 with Cam
Sun 4th Prime Timers 1:00 pm at the urban. Call Bronwyn Dwight for further information

Week 2

Wed 7th Chicks with Sticks from 12:30pm
urbansafe Krav Maga 7:30pm 9:00pm
Thur 8th Music Practice: 7:30-9:30pm
Sun 11th Celebration Service: 10:30am– 12:00pm Series 'Confronting Fear' Part 3 with Doug

Week 3

Wed 14th urbansafe Krav Maga: 7:30-9:00pm
Thur 15th urbankids Playgroup: 9:30-11:30am
Music Practice: 7:30-9:30pm
Sun 18th Celebration Service: 10:30am-12:00pm Message TBA , Tony

Week 4

Mon 26th My Dolls Space: from 10:30am
Wed 29th Chicks with Sticks from 12:30pm
urbansafe Krav Maga: 7:30-9:00pm
Sun 1st Celebration Service: 10.30-12.00pm Message TBA, Annie



[More Details?](#)

To remove your name from our mailing list, please [click here](#).

Questions or comments? E-mail us at reception@urbanlife.org.au or call 9879 8311